## MOTHER OF A

# 9 YEAR OLD

This questionnaire is for the study child's mother or person taking the role of mother. The answers will help us to identify those problems that may be helped by changes in the health care system.

To answer simply tick the box which is most accurate in your opinion.

Some questions are the same as those you have answered before. This is so that we can tell what changes have happened to you.

Please answer all questions if you can, even if they are similar. If you do not want to answer a question or if it does not apply to you, put a line through it. There are no good or bad answers. Just tell us what is true for you.

All answers are confidential

THANK YOU FOR YOUR HELP

### **SECTION A: YOUR HEALTH**

A1. Which of the following would you say describes your health now?

fit and well

mostly well and healthy 2

often feel unwell

3

hardly ever feel well

A2. Have you had any of the following in the last 3 years (since your study child's 6<sup>th</sup> birthday)?

In last 3 years:	Yes and consulted doctor	Yes but did not consult doctor	No
a) anxiety or 'nerves'	1	2	3
b) depression	1	2	3
c) headache or migraine	1	2	3
d) epilepsy	1	2	3
e) back pain, sciatica, slipped disc	1	2	3
f) indigestion	1	2	3
g) high blood pressure	1	2	3
h) cough or cold	1	2	3
i) diabetes	1	2	3
j) haemorrhoids/piles	1	2	3
k) schizophrenia	1	2	3
l) influenza	1	2	3

A2 con	nt. In last 3 years:	Yes and consulted doctor	Yes but did not consult doctor	No
	m tast 5 years.		doctor	<b>*</b>
	m) alcohol problem	1	2	3
	n) wheezing or asthma	1	2	3
	o) bronchitis	1	2	3
	p) stomach ulcer	1	2	3
	q) eczema	1	2	3
	r) psoriasis	1	2	3
	s) arthritis	1	2	3
	t) rheumatism	1	2	3
	u) urinary infection	1	2	3
	v) problems with your periods	1	2	3
	w) problems with a pregnancy	1	2	3
	x) syphilis	1	2	3
	y) gonorrhoea	1	2	3
	z) cancer (please state type)	1	2	3
	za) other problems (please describe)	1	2	3

A3. In the last 2 years how often have you taken the following?

In last 2 years:	Every day	Often	Sometimes	Not at all
a) sleeping pills	1	2	3	4
b) vitamins	1	2	3	4
c) cannabis/marihuana	1	2	3	4
d) tranquillisers	1	2	3	4
e) pills for depression	1	2	3	4
f) hormone replacement therapy	1	2	3	4
g) antibiotics	1	2	3	4
h) aspirin	1	2	3	4
i) paracetamol	1	2	3	4
j) other painkillers	1	2	3	4
k) amphetamines or other stimulants	1	2	3	4
l) contraceptive pill	1	2	3	4
m) iron	1	2	3	4
n) heroin, methadone, crack, cocaine	1	2	3	4
o) anticonvulsants	1	2	3	4
p) steroids	1	2	3	4
other pill, medicine, drug or	treatment (pleas	se describe e	each and state h	ow frequently taken)
q)	1	2	3	
r)	1	2	3	
s)	1	2	3	

A4.	a)	In the past year have you taken or used any homeopathic medicine(s) or remedies?						
		yes, often 1 yes, so	ometimes 1 no	If <u>no</u> , go to A5 below				
	b)	If <u>yes</u> , please describe the nator for taking/using them:	nme(s) of the homeopathic	medicine(s) and the reason				
		Name:	Reason:					
	1.							
	2.							
	3.							
	4.							
	5.							
A5.		Please list all the other drugs, medicines and ointments that you have taken or used <b>in the past month:</b>						
	What	did you take:	About how many days did you take or use it?	How often per day?				
		did you take:	days did you take					
	1		days did you take or use it?					
	1		days did you take or use it?					
	1 2 3		days did you take or use it?					
	1 2 3 4		days did you take or use it?	per day?				
	1 2 3 4 5		days did you take or use it?	per day?				
	1 2 3 4 5		days did you take or use it?	per day?				
	1 2 3 4 5 6		days did you take or use it?	per day?				

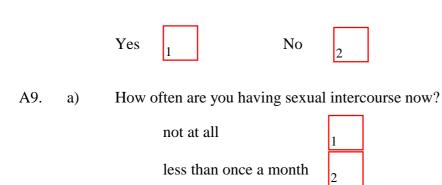
<u>Check</u> Have you included the contraceptive pill, iron tablets, laxatives, skin creams, vitamins, sleeping tablets, aspirin, cough mixture, pain killers, herbal medicine, slimming pills?

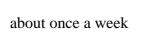
10. .....

A6.	a)	Since your study chile	d's 6 <sup>th</sup> birthday have	you been admi	tted to hospital?
If <u>ves</u> ,	,	Yes 1	No $2 \longrightarrow \text{If } \underline{\mathbf{no}}$	go to A7 belo	w
	b)	how many times?			
	c)	for how many differe	nt reasons?		
	Reaso	on for each hospital st	ay:	How long d	lid you stay?
	d)				nights
	e)				nights
	f)				nights
	g)				nights
	h)				nights
			Wr	ite 00 if you did	l not stay overnight
A7.	In the	past month, how often	have <u>you</u> had any o	f the following:	
	In the	e past month:	Almost all the time	Sometimes	Not at all
	a) bac	kache	1	2	3
	b) hea	dache or migraine	1	2	3
	c) urin	nary infection	1	2	3
	d) nau	isea	1	2	3
	e) von	niting	1	2	3
			1 1		
	f) diar	rhoea	1	2	3

h) feeling weepy/tearful

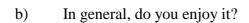
A7.	In the past month:	Almost all the time	Sometimes	Not at all
	i) feeling irritable	1	2	3
	j) feeling exhausted	1	2	3
	k) varicose veins	1	2	3
	l) passing urine very often	1	2	3
	m) problem holding urine when you jump, sneeze etc.	1	2	3
	n) indigestion	1	2	3
	o) feeling dizzy/fainting	1	2	3
	p) flashing lights/spots before eyes	e 1	2	3
	q) shoulder ache	1	2	3
	r) tingling in hands/fingers	1	2	3
	s) tingling in feet/toes	1	2	3
	t) neck ache	1	2	3
	u) feeling depressed	1	2	3
	v) other problem (please describe)	1	2	3
A O			l f f	
A8.			our knees lasting for at	
	Yes, one 1	Yes, both 2	No $3 \longrightarrow \text{If } \underline{\text{no}}, \mathbf{g}$ on page	o to A9a e 9
	If <u>ves</u> ,			
	b) about how old were y	ou when this first happ	pened?	
	Less than 10-13 2	14-16	17-19 4	20 or more
A8	c) Have you had pain in	your knees in the pas	t month?	

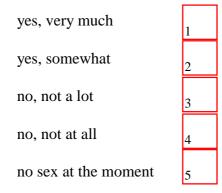




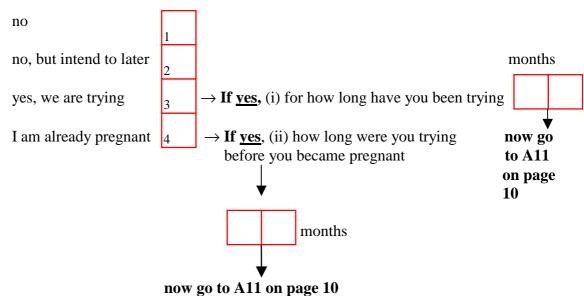
1-3 times a month

3





A10. a) Are you currently trying to get pregnant?



A10. b) What forms of contraception are you and your partner using now? (tick all that you have used in the past 3 months)

		Yes
i)	withdrawal	1
ii)	the pill	1
iii)	IUCD/coil	1
iv)	condom/sheath	1
v)	calendar/rhythm method	1
vi)	diaphragm/cap	1
vii)	spermicide	1
viii)	I am no longer fertile (have been sterilised, etc.)	1
ix)	my partner has been sterilised	1
x)	none	1
xi)	other (please describe)	1

## A11. Please describe your most recent periods:

	Very	Moderately	Mildly	Not at all	No periods
a) how heavy are your periods?	1	2	3	4	7 → go to A12 on page 11
b) how painful are your periods?	1	2	3	4	
c) are your periods irregular?	1	2	3	4	
d) how many days do	oes bleedir	ng usually last?		days	

A11.	Do you generally find in the days before or during your pe particular problems (please tick all that apply)?				periods th	nat you ha	ave				
						Yes before	1	Yes during			
		i)	Very fa	atigue	d	1		1			
		ii)	Irritabl	e		1		1			
		iii)	Depres	ssed		1		1			
		iv)	Anxio	ıs		1		1			
		v)	Other (please	e tick &	& describe)	1		1			
								• • • • • • • • • • • • • • • • • • • •			••••
A12.	Please	give be	elow you	ır pres	ent weight	s and me	easurei	ments if yo	ou know tl	hem.	
	a)	weigh	t			kg	or		stones		pounds
	b)	height	-			cm	or		ft		in
	c)	inside measu	leg rement			cm	or		ft		in
	d)	bust				cm	or		in		
	e)	hips				cm	or		in		
	f)	waist				cm	or		in		

### **SECTION B: RECENT EVENTS**

Listed below are a number of events which may have brought changes in your life. Have any of these occurred since your study child's 6<sup>th</sup> birthday?

		Yes, when the study child was 6 or 7	Yes, since the child's 8 <sup>th</sup> birthday	No, did not happen in past 3 years
	the child's thday:	<b>—</b>	<u></u>	↓ ↓
B1.	Your husband/partner died	1	2	4
B2.	One of your children died	1	2	4
В3.	A friend or relative died	1	2	4
B4.	One of your children was ill	1	2	4
B5.	Your husband or partner was ill	1	2	4
B6.	A friend or relative was ill	1	2	4
B7.	You were admitted to hospital	1	2	4
B8.	You were in trouble with the law	1	2	4
B9.	You were divorced	1	2	4
B10.	You found that your husband/partner didn' want your child	t 1	2	4
B11.	You were very ill	1	2	4
B12.	Your husband/partner lost his job	. 1	2	4

		Yes, when the study child was 6 or 7	Yes, since the child's 8 <sup>th</sup> birthday	No, did not happen in past 3 years
	the child's thday:	<b>—</b>		o years
B13.	Your husband/partner had problems at work		2	4
B14.	You had problems at work	1	2	4
B15.	You lost your job	1	2	4
B16.	Your husband/partner went away	r 1	2	4
B17.	Your husband/partner was in trouble with the law	r 1	2	4
B18.	You and your husban partner separated	d/ <sub>1</sub>	2	4
B19.	Your income was reduced	1	2	4
B20.	You argued with you husband/partner	r 1	2	4
B21.	You argued with your family and friends	r 1	2	4
B22.	You moved house	1	2	4
B23.	Your husband/partner was physically cruel to you	r1	2	4
B24.	You became homeles	ss 1	2	4
B25.	You had a major financial problem	1	2	4
B26.	You got married	1	2	4

		Yes, when the study child was 6 or 7	Yes, since the child's 8 <sup>th</sup> birthday	No, did not happen in past 3 years
	the child's thday:	•	<b>—</b>	<b>↓</b>
B27.	Your husband/partner was physically cruel to your children	1	2	4
B28.	You were physically cruel to your children	1	2	4
B29.	You attempted suicid	e 1	2	4
B30.	You were convicted of an offence	of 1	2	4
B31.	You became pregnant	t 1	2	4
B32.	You started a new job	) 1	2	4
B33.	You returned to work	1	2	4
B34.	You had a miscarriag	e 1	2	4
B35.	You had an abortion	1	2	4
B36.	You took an examination	1	2	4
В37.	Your husband/partner was emotionally crue to you		2	4
B38.	Your husband/partner was emotionally crue to your children		2	4
B39.	You were emotionally cruel to your children		2	4

			yes, when the study child was 6 or 7	the child's 8 <sup>th</sup> birthday	No, did not happen in past
_	the chil thday:		<b>—</b>		3 years
B40.	Your l burgle	nouse or car was	1	2	4
B41.	You fo	ound a new partner	1	2	4
B42.	One or school	f your children started	1	2	4
B43.	Your ha new	nusband/partner started job	1	2	4
B44.	A pet	died	1	2	4
B45.		ad an accident e tick and describe)	1	2	4
B46.	a)	Is there anything else additional effort from Yes	you to cope in the la	ist which has concerne ast 3 years?  to B47a on page 16	d you or required
If <u>yes</u> ,		please describe for each	ch event:	(i) When the study child was 6 or 7	(ii) Since the child's 8 <sup>th</sup> birthday
		what happened:			
	b)			1	1
	c)			1	1
	d)			1	1

B47. a)	Has anything else occurred which made yo	ou especially happy?	
	Yes	to C1 on page 17	
If <u>ves</u> ,	please describe for each event:	(i) When the study child was 6 or 7	(ii) Since the child's 8 <sup>th</sup> birthday
	what happened:		_
b)		1	1
c)		1	1
d)		1	1

### SECTION C: YOUR HUSBAND/PARTNER

C1.	a)	Do you currently have a husband or partner?
		yes, a husband 1
		yes, a male partner 2
		yes, a female partner 3
		no partner $\longrightarrow$ If <u>no partner</u> , go to Section D on page 29
If <u>yes</u> ,	,	
	b)	does your partner or husband live with you?
		Yes $\begin{bmatrix} 1 \end{bmatrix}$ No $\begin{bmatrix} 2 \end{bmatrix}$ If $\underline{\mathbf{no}}$ , go to C2 below
If <u>ves</u> ,	,	
	c)	how long have you lived together?
		years months
	d)	is this the same partner or husband as the one you had when the study child had his/her $6^{th}$ birthday?
		Yes the same No, a new partner I don't remember 3
		below is concerned with your relationship with your partner. (The partner will as 'he', although the questions refer to <u>all</u> partners.)
C2.	How v	vould you assess your husband/partner's physical health?
	always	s fit and well
	mostly	well and healthy 2
	often f	Geels unwell 3
	hardly	ever feels well 4

C3. Below are listed a number of conditions which your husband/partner might have had. Please indicate whether he has had any of these since your study child was 7 years old.

	e last 2 years and/partner had:	Yes, and saw a doctor	Yes, but did not see a doctor	No, not at all	Do not know
a)	headaches or migraine	1	2	3	9
b)	indigestion	1	2	3	9
c)	epilepsy	1	2	3	9
d)	depression	1	2	3	9
e)	anxiety or nerves	1	2	3	9
f)	haemorrhoids/piles	1	2	3	9
g)	cough or cold	1	2	3	9
h)	influenza	1	2	3	9
i)	bronchitis	1	2	3	9
j)	high blood pressure (hypertension)	1	2	3	9
k)	diabetes	1	2	3	9
1)	schizophrenia	1	2	3	9
m)	drink (alcohol) problem	1	2	3	9
n)	stomach ulcer	1	2	3	9
o)	asthma or wheezing	1	2	3	9
p)	eczema	1	2	3	9
q)	psoriasis	1	2	3	9
r)	arthritis	1	2	3	9
s)	urinary infection	1	2	3	9
t)	rheumatism	1	2	3	9
u)	back pain, sciatica or slipped disc	1	2	3	9

In the last 2 years husband\partner had:		Yes, and saw a doctor	Yes, but did not see a doctor	No, not at all	Do not know	
v)	syphilis	1	2	3	9	
w)	gonorrhoea	1	2	3	9	
x)	other condition(s) (please tick and describe)	1	2	3	9	
	•••••	• • • • • • • • • • • • • • • • • • • •	•••••	•••••	••••••	

C4. Below are some statements about fathers' and partners' relationships with young children. Please indicate how you feel in your particular situation.

	In regard to the study child:	This is always how I feel	This is sometimes how I feel	I never feel this way
a)	He really loves this child	1	2	3
b)	He is glad that I had this child when I did	1	2	3
c)	I like to watch him play with the child	1	2	3
d)	I am afraid to leave the child alone with him because I think he might be violent		2	3
e)	He seems to feel very close to the child	1	2	3
f)	This child gets on his nerves	1	2	3
g)	He really cannot bear it when this child cries	1	2	3
h)	I think he is interested as he watches the child develop	1	2	3

C4. (ce	ont.)	This is always how I feel	This is sometimes how I feel	I never feel this way
i)	He feels anxious when someone other than us looks after the child	1	2	3
j)	He doesn't mind the mess that surrounds children	1	2	3
k)	This child makes him very happy	1	2	3
C5.	a) How many cigarettes per day doe husband or partner currently smo (If none, put 00)	-	(i) weekdays	(ii) weekend days
	Yes every	day	Yes sometimes	No never
	b) Does he smoke:  (i) pipe  (ii) cigar/cigarillo  1		2	3
C6.	a) Is your husband/partner curred  Yes   No  2	ently employed  If <u>no</u> , go to C		
If <u>ves</u> ,				
	b) (i) What is his occupation?			
	(ii) Please give industry or trade			
	c) Has he had the same job since	e the study chi	ld was 7 years o	old?
	Yes No 2			

C6.	d)	Does he work nights?
		yes, always 1
		yes, sometimes 2
		no, never 3
	e)	Does he leave home for several days as part of his work?
		yes, often 1
		yes, occasionally 2
		no, never 3
	f)	Does he work shifts?
		yes, often $\begin{bmatrix} 1 \end{bmatrix}$ yes, occasionally $\begin{bmatrix} 2 \end{bmatrix}$ no, never $\begin{bmatrix} 3 \end{bmatrix}$
	g)	How many hours a week does he normally work?
		i) If his hours are regular, please state how many
		(put 99 if don't know)
		ii) If his hours vary, please put the minimum
		and the maximum
	h)	Does he usually work:
		the basic no. of hours per week 1
		basic hours plus paid overtime 2
		longer than basic hours (but not paid extra)
		self-employed - as long as necessary

C6.	. i) Does he get home after work before the study child is in bed?						
		yes, usually 1	yes, sometimes	2	no, never	3	

C7. How would you rate him on these characteristics?

		Almost always	Sometimes	Hardly ever
a)	helpful, co-operative	1	2	3
b)	quiet, reserved	1	2	3
c)	unreliable	1	2	3
d)	sociable, outgoing	1	2	3
e)	dominating	1	2	3
f)	understanding	1	2	3
g)	quick-tempered, easily upset	1	2	3
h)	cheerful, easygoing	1	2	3

C8. Who does these various household tasks?

		Me always	Me mostly	Sometimes me, some- times he does	He does mostly	He does always	Someone
a)	shopping for groceries	1	2	3	4	5	6
b)	cooking	1	2	3	4	5	6
c)	cleaning	1	2	3	4	5	6
d)	repairs in home	1	2	3	4	5	6
e)	looking after children	1	2	3	4	5	6
f)	washing clothes	1	2	3	4	5	6
g)	ironing	1	2	3	4	5	6

C9. Who decides:

		Me always	Me mostly	Sometimes me, some- times he does	He does mostly	He does always
a)	how to spend free time	1	2	3	4	5
b)	how much to see family or friends	1	2	3	4	5
c)	when to do repairs or redecorate	1	2	3	4	5
d)	how we should spend our money	1	2	3	4	5
C10.	People vary greatly in t How do you feel about		•			lationship.
		Very satisfie	Mode ed satisfi	•	ewhat Ver tisfied diss	y satisfied
a)	handling family finance	es 1	2	3	4	
b)	demonstrations of affect	ction 1	2	3	4	

c)

d)

e)

f)

sex

amount of time spent together

making major decisions

household tasks

C11.	b)	How often has he bee	n irritable wi	th you?		
	not at all	less than once a week 2	1-2 tir a wee	_	3-6 times a week 4	every day 5
C12.	a)	How many argument three months?	s or disagreei	nents have you	u had with one a	nother in the <u>past</u>
	None	1-3 2	4-	-7 3	8-13 4	14 or more 5
	In the	past 3 months, have an	y of these hap	opened?		
			Yes, I did this	Yes, he did this	Yes, we both did this	No, not at all
	b)	not speaking for more than half an hour	1	2	3	4
	c)	one of you walking out of the house	1	2	3	4
	d)	shouting or calling one another names	1	2	3	4
	e)	hitting or slapping	1	2	3	4
	f)	throwing or breaking things	1	2	3	4

C13. In the <u>past three months</u> how often have you done these things **with your husband/partner**?

		Never 	Less than once a month	Less than once a week	At least once a week
a)	gone out for a meal	1	2	3	4
b)	gone out for a drink	1	2	3	4
c)	visited friends	1	2	3	4
d)	visited family	1	2	3	4
e)	gone to the cinema or theatre	1	2	3	4
f)	other (please tick & describe	)	2	3	4

.....

C14. a) How many evenings a <u>month</u> do you go out and do things **on your own** or with your own friends?

none 1	once 2	2-3 times 3
4-7 times 4	8 or more times 5	

b) How many times a <u>month</u> does your husband/partner go out and do things **on his own** or with friends?

none 1	once 2	$ \begin{array}{c} 2-3 \\ \text{times} \end{array} $
4-7 times 4	8 or more times 5	

C15. How often in a <u>week</u>, on average, would you and your husband/partner:

			Never •	Less than once a week	1-3 times a week	Most days
	a)	discuss work or how the day has gone	1	2	3	4
	b)	laugh together	1	2	3	4
	c)	calmly talk over something (e.g. the news, a hobby or inte	l erest)	2	3	4
	d)	kiss or hug	1	2	3	4
	e)	make plans	1	2	3	4
	f)	talk over feelings or worries	1	2	3	4
C16.	a)	Which of the following husband/partner:	ng statements a	bout alcohol b	est applies to yo	our
		Never drinks alcohol		1		
		Very occasionally (le	ess than once a	week) 2		
		Occasionally (at least	t once a week)	3		
		Drinks 1-2 glasses* r	nearly every day	y 4		
		Drinks 3-9 glasses* e	5			
		Drinks at least 10 gla	sses a day	6		
		Don't know		9		

[\*by glass we mean pub measures (1oz) of spirits, 1 glass of wine or  $\frac{1}{2}$  pint ( $\frac{1}{4}$  litre) of beer or cider]

C16.	b)	How many days <b>in the past month</b> do you think he had the equivalent of at least 2 pints of beer, 4 glasses of wine or 4 pub measures of spirit?						
		every day	1	more than 10 days	2			
		5-10 days	3	3-4 days	4			
		1-2 days	5	none	6			

C17. Below are attitudes and behaviours which people reveal in their close relationships. Please rate your husband/partner's attitudes and behaviour towards you in recent times and tick the most appropriate box for each item.

My h	usband/partner:	Very true	Moderately true	Somewhat true	Not at all true
a)	Is very considerate of me	1	2	3	4
b)	Wants me to take his side in an argument	1	2	3	4
c)	Wants to know exactly what I'm doing and where I am	1	2	3	4
d)	Is a good companion	1	2	3	4
e)	Is affectionate to me	1	2	3	4
f)	Is clearly hurt if I don't accept his views	1	2	3	4
g)	Tends to try to change me	1	2	3	4
h)	Confides closely in me	1	2	3	4
i)	Tends to criticise me over small issues	1	2	3	4
j)	Understands my problems and worries	1	2	3	4
k)	Tends to order me about	1	2	3	4
l)	Insists I do exactly as I'm told	1	2	3	4
m)	Is physically gentle and considerate	1	2	3	4
C17.	cont.				

		Very	Moderately	Somewhat	Not at
My h	usband/partner:	true	true	true	all true
n)	Makes me feel needed	1	2	3	4
o)	Wants me to change in small ways	1	2	3	4
p)	Is very loving to me	1	2	3	4
q)	Seeks to dominate me	1	2	3	4
r)	Is fun to be with	1	2	3	4
s)	Wants to change me in big ways	1	2	3	4
t)	Tends to control everything I do	1	2	3	4
u)	Shows his appreciation of me	1	2	3	4
v)	Is critical of me in private	1	2	3	4
w)	Is gentle and kind to me	1	2	3	4
x)	Speaks to me in a warm and friendly voice	1	2	3	4

## SECTION D: YOUR FAMILY AND FRIENDS

D1.

	•			
	None 1	2	2-4	more than 4
D2.	About how many frie	ends do you hav	ve?	
	None 1	1 2	2-4	more than 4
D3.	Overall, would you s Yes	ay you belong t	o a close circle	e of friends?
D4.	How many people ar	e there that you	can talk to abo	out personal problems?
	None 1	1 2	2-4	more than 4
D5.	How many people to feelings?	lk to you about	their personal	problems or their private
	None 1	1 2	2-4	more than 4
D6.	If you have to make a discuss it?	an important de	cision, how ma	any people are there with whom you can
	None 1	2	2-4	more than 4
D7.	How many people ar £200 if you needed to		your family and	d friends from whom you could borrow
	None	1	2-4	more than 4
D8.	How ma <sub>1</sub> your fa	nm <sub>2</sub> d friend	ds a help y	you <sub>4</sub> mes of trouble?

How many of your relatives and your husband/partner's relatives do you see at least twice a

	None	2	3	more than 4		
D9.	During the last month friends?	h, how many t	imes did you ge	et together with	one or mor	e
	None 1	2	2-4	more than 4		
D10.	During the last month of your relatives or y	-		-	one or mor	e
	None 1	2	2-4	more than 4		
The fo	ollowing statements are	e about the hel	lp and support y	ou have.		
		This is exactly how I feel	This is often how I feel	This is how I sometimes feel	I never feel this way	
D11	I have no one to share my feelings with	1	2	3	4	no husband/
D12	My husband/partner provides the emotion support I need	al	2	3	4	partner 7
D13	There are other mothers with whom I can share my experiences	1	2	3	4	
D14	I believe in moments of difficulty my neighbours would he	1	2	3	4	

me

			This is exactly how I	This is often how I feel	This is how I sometimes	I never feel this way	
			feel	11001	feel	n	o husband/
D15		orried that my nd/partner migh ne	ıt 1	2	3	4 P	artner 7
D16	one wi	is always some th whom I can ny happiness a ment about my	1	2	3	4 r	o husband/
D17	rely on	l tired I can my husband/ to take over	1	2	3	4	partner 7
D18	difficu	s in financial lty I know my would help if ould	1	2	3	4	
D19	difficu	as in financial lty I know my would help if ould	1	2	3	4	
D20	the stat	lse fails I know te will support sist me	1	2	3	4	
D21.	a)	Do you believ yes am not sure no, not at all	e in God or in  1  2  3	some divine po	wer?		
	b)	Do you feel th	at God (or son Not si	me divine power	No $\frac{1}{3}$	ou at any ti	me?
D21.	c)	Would you ap	peal to God fo	or help if you we	ere in trouble?		

	Yes 1	1	Not sure 2	No <sub>3</sub>
	d) Do you 'pray' e	ven if not in tro	ouble?	
	Yes 1	1	No 2	
	e) What sort of rela	igious faith wo	uld you say you had?	(tick one only)
	Church of England	01	Roman Catholi	c 02
	Jehovah's Witness	03	Christian Scien	ce <sub>04</sub>
	Mormon	05	Methodist, Bap	00
			other Christian	(please describe)
	Jewish	07	Buddhist	08
	Sikh	09	Hindu	10
	Muslim	11	Rastafarian	12
	None	00	Other (please describe	e) <u>13</u>
f)	How long have you had	this particular	faith?	
	all my life	1		
	more than 5 year	rs 2		
	3-5 years	3		
	1-2 years	4		
	less than a year	5		
g)	Are you bringing your o	child up in this	faith?	
D21.	Yes 1 Do you go to a p		No <sub>2</sub> <sub>p?</sub>	
			1	

yes, at least once a week	
yes, at least once a month	2
yes, at least once a year	3
no, not at all	4

j) Do you obtain help and support from leaders or others members of religious groups?

	Help from:	Yes	No
i)	Leaders of your religious group (e.g. priests, rabbis, imams)	1	2
ii)	Other members of your religious group	1	2
iii)	Members of other religious group (please describe)	1	2

### **SECTION E: MY THOUGHTS AND FEELINGS**

Below are a number of statements which you may use to describe yourself. Although you might think some of the wording is a bit unusual, please bear with us and indicate how well these statements apply to you.

statements apply to you.	Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E1. I often feel uncomfortable and ill at ease for no real reason	1	2	3	4
E2. I'm always keen on trying out things that are all new	1	2	3	4
E3. Sometimes people bother me just by being around	1	2	3	4
E4. I often have aches in my shoulders and in the back of my neck	1	2	3	4
E5. I have had more than my share of things to worry about	1	2	3	4
E6. No matter whom I'm talking to I'm always polite and courteous	1	2	3	4
E7. I find it hard to object if I'm neglected at, for example, a restaurant	1	2	3	4
E8. I have a tendency to act on the spur of the moment without really thinking ahead	1	2	3	4
E9. Even though I know I'm right I often have great difficulty getting my point across	1	2	3	4
E10. Sometimes I used to feel that I would like to leave home	1	2	3	4
E11. I seldom do things that make me feel remorseful afterwards	1	2	3	4
E12. It is easy for me to get close to people	1	2	3	4
	Doesn't	Applies	Moderately	Certainly

		Apply	a bit	applies	applies
E13.	I get tired and hurried too easily	1	2	3	4
	I often find myself gnashing my teeth together, for no real cause	1	2	3	4
	Even when my anger is aroused I don't use "strong language"	1	2	3	4
E16.	I have never deliberately said something that has hurt someone's feelings	1	2	3	4
E17.	I don't have much self-confidence	1	2	3	4
E18.	My parents have often disapproved of my friends	1	2	3	4
E19.	When someone is pushing themselves forward in a queue, I usually tell them off	1	2	3	4
E20.	When I have to make a decision I "sleep on it" before I decide	1	2	3	4
E21.	I often feel restless, as if I wanted something without knowing what	1	2	3	4
E22.	I like leading a quiet and organised life	1	2	3	4
E23.	When I am mad, I sometimes slam doors	1	2	3	4
E24.	Life usually hands me a pretty raw deal	1	2	3	4
E25.	I want to confide in someone, when I'm worried and unhappy	1	2	3	4
E26.	I don't mind being interrupted when I'm working on something	1	2	3	4
		Doesn't Apply	Applies a bit	Moderately applies	Certainly applies

		1	2	3	4
		Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E39.	I'm irritated a great deal more than people are aware of	1	2	3	4
E38.	I avoid people who are interested in my personal life	1	2	3	4
E37.	I have often gone against my parents' wishes	1	2	3	4
E36.	I'm the kind of person who is excessively sensitive and easily hurt	1	2	3	4
E35.	I think that an argument can clear the air sometimes	1	2	3	4
E34.	My heart sometimes beats hard or irregularly for no real reason		2	3	4
E33.	My body often feels stiff and tense	1	2	3	4
E32.	My home life was always happy	1	2	3	4
E31.	I can get mad enough to throw things	1	2	3	4
E30.	I usually get so excited over new ideas and suggestions that I forget to check if there are any disadvantages	1	2	3	4
E29.	No matter whom I'm talking to I'm always a good listener	, 1	2	3	4
E28.	I prefer people who come up with exciting and unexpected activities	1	2	3	4
E27.	I find it difficult going back to a shop to ask if I can exchange an item I have bought	1	2	3	4

E52.	I feel uncomfortable when	1	2	3	4
		Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E51.	I feel embarrassed having to complain when I get too little change back in a shop	1	2	3	4
E50.	My home life was always very pleasant	1	2	3	4
E49.	I have great difficulty pulling my thoughts together whilst talking to someone	1	2	3	4
E48.	I often throw myself too hastily into things	1	2	3	4
E47.	People who shirk on the job must feel very guilty	1	2	3	4
E46.	I'm quite self-conscious in most social situations	1	2	3	4
E45.	People often talk about me behind my back	1	2	3	4
E44.	I have an unusually great need for change	1	2	3	4
E43.	Since the age of ten, I have never had a temper tantrum	1	2	3	4
E42.	When trying to fall asleep I often notice that my muscles are really tense	1	2	3	4
E41.	I never hesitate to go out of my way to help someone in trouble		2	3	4
£40.	energy				

E64.	My home as a child was less peaceful and quiet than those	1	2	3	4
	•	Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E63.	I sometimes have bad thoughts which make me feel ashamed of myself	1	2	3	4
E62.	I'm very particular	1	2	3	4
E61.	I seldom dare to express myself in a discussion because I have the feeling that people think my views are not worth anything	1	2	3	4
E60.	I have never been bothered when someone has asked me for a favour, not even at times when it has been inconvenient	1	2	3	4
E59.	When someone is teasing me I never find a good answer until later	1	2	3	4
E58.	The members of my family were always very close to each other	1	2	3	4
E57.	An unexpected noise makes me jump	1	2	3	4
E56.	Sometimes I suddenly start sweating without any particular reason	1	2	3	4
E55.	I sometimes have a feeling that others are laughing at me	1	2	3	4
E54.	I try to get to places where things happen	1	2	3	4
E53.	In order to get something done I have to spend more energy than most others	1	2	3	4
	people take me into their confidence				

of most other people E65. I'm deeply moved by other people's misfortunes E66. It is easy for me to regain lost sleep E67. I have difficulty turning someone down when asked for a favour, even though I don't feel like doing it E68. I am a person who takes things as they come E69. I'm always willing to admit it when I make a mistake E70. Often I find myself holding the newspaper tightly when I'm reading it E71. I commonly wonder what hidden reason another person may have for doing something nice for me E72. In school I was often sent to the Head for my behaviour E73. I almost always have a desire for more action E74. It takes me an unusually long time to get over unpleasant events E75. It depresses me that I did not do more for my parents

	Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E76. I sometimes feel panicky	1	2	3	4
	1	2	3	4

E86. Sometimes when upset, I suddenly feel as if my legs were too weak to carry me  E87. I sometimes spread gossip about people I don't like  E88. I have difficulty sitting in a relaxed position even in a comfortable chair  Doesn't Applies Moderately applies  E89. I'm always courteous, even to people who are disagreeable  E89. With things going as they are,  1 2 3 4  E90. With things going as they are,  1 2 3 4	E85.	I have often got into trouble even when it was not my fault	1	2	3	4
about people I don't like  E88. I have difficulty sitting in a relaxed position even in a comfortable chair  Doesn't Applies Moderately applies  E89. I'm always courteous, even to people who are disagreeable  1 2 3 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	E86.	suddenly feel as if my legs	1	2	3	4
relaxed position even in a comfortable chair  Doesn't Applies Moderately Certainly applies  E89. I'm always courteous, even to people who are disagreeable  1 2 3 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	E87.		1	2	3	4
Apply a bit applies applies  E89. I'm always courteous, even to people who are disagreeable  2  3	E88.	relaxed position even in a	1	2	3	4
people who are disagreeable 1 2 3					•	•
E90. With things going as they are,  1 2 3	E89.	•	1	2	3	4
	E90.	With things going as they are,	1	2	3	4

	<ul><li>When I am about to make a decision I usually make it quickly</li><li>I like doing things just for</li></ul>	1	2	3	4
		Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E100	. My hands usually tremble	1	2	3	4
E99.	I can't help being a little rude to people I don't like	1	2	3	4
E98.	As a youngster in school I used to give the teacher lots of trouble	1	2	3	4
E97.	I often worry about things that other people look upon as trifles	1	2	3	4
E96.	When I don't know something I don't at all mind admitting it	1	2	3	4
E95.	I can't help getting into arguments when people disagree with me	1	2	3	4
E94.	Rather often, especially when I'm tired, I get a feeling of unreality - that either I or the world around me is changing	1	2	3	4
E93.	I easily feel pressure when I'm urged to speed up	1	2	3	4
E92.	I prefer to avoid involving myself in other people's personal problems	1	2	3	4
E91.	The few times I've cheated I have suffered unbearable feelings of remorse	1	2	3	cheated 4 7
	it's pretty hard to keep up hope of getting anywhere				Have never

## the thrill of it

E103.	There are a number of people who seem to be jealous of me	1	2	3	4
E104.	My parents never really understood me	1	2	3	4
E105.	People generally think that I hide my feelings so that they have difficulties in understanding me	1	2	3	4
E106.	I like to have plenty of time available when I'm doing something	1	2	3	4
E107.	I seldom feel that people are trying to anger or insult me	1	2	3	4
E108.	My muscles are so tense that I get tired	1	2	3	4
E109.	To be on the move, travelling, change and excitement – that's the kind of life I like	1	2	3	4
E110.	I worry far in advance of when I'm going to get started on something	1	2	3	4
E111.	I'm always patient with others	1	2	3	4
E112.	I seem to do things that I regret more often than other people do	1	2	3	4
E113.	I take life easy	1	2	3	4
		Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
	There have been times when I was quite jealous of the good fortune of others	1	2	3	4
E115.	I don't let a lot of unimportant things irritate me		2	3	4

E116.	Sometimes my cheeks burn even if it isn't particularly hot	1	2	3	4
	When I was going to school I skived off (truanted) quite ofte	n 1	2	3	4
E118.	I consider myself reserved and a little cold rather than kind and warm	1	2	3	4
E119.	I tend to be on my guard with people who are somewhat more friendly than I expected	1	2	3	4
E120.	I feel calm and secure even when I'm facing new tasks	1	2	3	4
E121.	After buying something I often worry about having made the wrong choice	1	2	3	4
E122.	I have lied sometimes to get out of something	1	2	3	4
E123.	If somebody annoys me, I'm apt to tell them what I think of them	1	2	3	4
E124.	I sometimes have a feeling that I don't get enough air to breathe	1	2	3	4
E125.	My parents generally allowed me to make my own decisions	1	2	3	4
E126.	When I get mad I say nasty things	1	2	3	4
		Doesn't Apply	Applies a bit	Moderately applies	Certainly applies
E127.	I consider myself an impulsive person	1	2	3	4
E128.	In the late afternoon I often get a headache which feels as if there was an iron-band	1	2	3	4

## across my forehead

E129.	When people yell at me I yell back	1	2	3	4
E130.	When listening to music on the radio I want it really loud so that I can feel "turned on"	1	2	3	4
E131.	I often feel as though I have done something wrong or wicked	1	2	3	4
E132.	When I'm angry, I sometimes sulk	1	2	3	4
E133.	People often come to me with their troubles	1	2	3	4
E134.	I think I get tired more easily than most people I know	1	2	3	4
E135.	If someone is scolding me, I become sad rather than angry	1	2	3	4

## **SECTION F: CHEMICALS IN YOUR ENVIRONMENT**

F1. In the last few months, how often have you used the following whether at home or at work:

	In the last few months	Every day	Most days	About once a week	Less than once a week	Not at all
a)	disinfectant	1	2	3	4	5
b)	bleach	1	2	3	4	5
c)	window cleaner	1	2	3	4	5
d)	chemical carpet cleaner	1	2	3	4	5
e)	oven/drain cleaner	1	2	3	4	5
f)	dry cleaning fluid	1	2	3	4	5
g)	turpentine/white spiri	t 1	2	3	4	5
h)	paint stripper	1	2	3	4	5
i)	household paint or varnish	1	2	3	4	5
j)	weed killers	1	2	3	4	5
k)	pesticides/insect killers	1	2	3	4	5
1)	air freshners (spray, stick or aerosol)	1	2	3	4	5

F1.	In the last few months	Every day	Most days	About once a week	Less than once a week	Not at all
m)	other aerosols or sprays including hair spray	1	2	3	4	5
n)	deodorant or antiperspirant	1	2	3	4	5
o)	make up	1	2	3	4	5
p)	glue	1	2	3	4	5
q)	nail varnish/acetone	1	2	3	4	5
r)	metal cleaners/ degreasers, polishers	1	2	3	4	5
s)	petrol	1	2	3	4	5
t)	moth repellent (moth balls)	1	2	3	4	5
u)	other chemical (please tick and describe)	1	2	3	4	5
F2.	a) Do you have a	mobile phone No		an be used away	y from home)?	

Τf	ves
	700

F2. b) how often do you use it to make calls?

at least once a day

4-6 times a week

2

1-3 times a week

3

less than once a week

c) how often do people ring you on it?

at least once a day

4-6 times a week

2

1-3 times a week

3

less than once a week

4

F3. How often during the day are you in a room or enclosed place where people are smoking?

	(i) weekdays	(ii) weekends	
all the time	1	1	
more than 5 hours	2	2	
3-5 hours	3	3	
1-2 hours	4	4	
less than 1 hour	5	5	
not at all	6	6	

F4. Do you tend to collect static electricity and have shocks when you touch metal?

Yes a lot

Yes occasionally

No, not at all

3

## **SECTION G:**

G1.	This questionnaire was completed by:  Yes
	a) child's biological mother 1
	b) child's mother-figure 1
	c) someone else [1] [1]
G2.	Please give the date on which you completed this questionnaire:
	day month year
G3.	Please give <u>your</u> date of birth:
	day month year
	19
G4.	Please give <u>your study child's</u> date of birth:
	day month year
	199
	THANK YOU VERY MUCH FOR YOUR HELP
	Space for any additional comments you would like to make
NB	Please remember we cannot reply to any comment unless you sign it.
	When completed, please return the questionnaire to:
	Professor Jean Golding Children of the Nineties - ALSPAC Institute of Child Health 24 Tyndall Avenue Bristol BS8 1BR Tel: Bristol 9285007  For office use only Coder Int  Coder Int  © University of Bristol